

## **"Rehabilitation of victims of torture and resilience process" Training Program (English Material)**

**Course Length:** 15 Hours @ 5 days

### **Course Brief Description**

Several organizations conduct a broad range of projects and activities on the prevention of torture and rehabilitation of torture victims. There are more than 140 treatment centers and programs worldwide, seeks to strengthen the capacity of treatment through training and technical assistance.

Rendering these organizations' work visible to the international community of health professionals, international organizations, donors and the general public is one way of facilitating collaboration in the field and contributing to development towards a world without torture.

The rehabilitation services grant programs help individuals with physical or mental disabilities to obtain employment and live more independently through the provision of such supports as counseling, medical and psychological services, job training and other individualized services.

### **Course Objectives**

At the end of this course you will be able to:

- Victim of torture and its motivation
- Prevention activities
- Rehabilitation services

### **Training method**

The trainer will use the facilitation style “two ways communications“, between the participants & the facilitator, using the technique of what ? – Now what ? – So what ?

Also, the training includes building workshops (indoor activities), and on-feet activities.

### **Course content**

- What is victim of torture?
- Torture under certain circumstances, such as the 'war against terror'
- Motivation to torture
  - Reluctant and peripheral participation
  - Official encouragement
  - Peer encouragement
  - Dehumanization and self-perpetuating
  - Socio-cultural and situational pressures
- Consequences for torture victims from physical or psychosocial point-of-views
  - Brainwashing
  - Coercion
  - Coercive persuasion
  - Covert incest
  - Group psychological abuse
  - Humiliation
  - Intimidation
  - Suicide of Megan Meier
  - Music in psychological operations
  - Oppression
  - Psychological abuse
  - Psychological subversion
  - Psychology of torture
  - Structural abuse

- Verbal abuse
- Abnormal psychology
- What is the rehabilitation of victim of torture?
- Areas where rehabilitation of torture services are currently available and not available
- Prevention activities related to the root causes of torture and to the typology of victims (serve as a treatment and prevention facility)
- Special responsibility of the health professions in the rehabilitation and prevention of torture and resilience process
- Political measures to prevent acts of torture.
- Availability of funds for the rehabilitation of torture victims
- Difficulties faced organizations (case study)

< The order of the training program content might be changed during conducting program due to instructor vision and workshop needs >